

51st Annual Area 43 Convention

Unity - The Glue That Holds Us Together

Welcome to the 51st Annual Area 43 Convention. This year's theme is **Unity – The Glue That Holds Us Together**. We intend to celebrate this wonderful occasion with some very special events. You will be able to choose from workshops and marathon meetings sure to inspire and rejuvenate, entertaining and enlightening big speaker meetings, a warm and welcoming hospitality suite and many other opportunities to celebrate our recovery and fellowship.

For newcomers, we offer a welcome and orientation session on Friday afternoon followed by a Red Ball meeting. Our Hospitality Suite is available for fellowship and refreshments throughout the weekend. Be sure also to stop into the movie room where recovery-based movies are playing for your entertainment pleasure! Start your day off with a yoga/meditation class on both Saturday and Sunday morning and celebrate your sobriety all through the night with our Marathon Meetings that run late night on Friday and Saturday night.

Back by popular demand is our talent show on Friday night featuring Karaoke for fun. Come and sing your favorite songs with your friends! Dance the night away on Saturday with joy and jubilation in true celebration of Area 43. And be sure not to miss the Sobriety Countdown before our speaker meeting on Saturday night!

A.A. Workshops

Young & New Timers

A resource and information workshop answering common questions, both from the speakers and attendees, and the importance of anonymity to all of AA.

Love & Tolerance

Yale to jail in AA. We are a group of individuals that normally wouldn't mix, our common cause transcends all of us.

Principles of Recovery

Where do they come from and are they different for everyone? Terminal uniqueness aside, are we that different?

Longtimers Meeting

Don't drink and don't die, one of the secrets of long-term sobriety. Come hear their stories.

Group Conscience

How do we encourage everyone from the Home Group to the General Service Office to express their opinion while honoring the principles of this Tradition? What does the practice of this concept look like at different levels of service?

LGBTQ & Diversity in AA

The only requirement for AA membership is a desire to stop drinking. AA and the ever changing face of society.

A.A. Workshops

Tradition #1 A Principle of Unity

“Our common welfare should come first, personal recovery depends on AA unity.”
Why is this the first tradition?

Tradition #4 A Principle of Unity

“Each group should be autonomous except in matters affecting other groups and AA as a whole.”

A look back as to why this tradition was written and how it applies today.

Unity Does Not Equal Harmony or Perfection

The situations that arise when diverse people come together for a common purpose, and the resolution of these differences.

Unity & Service

Two of the three “legacies” of AA’s foundation. A national and international look at these principles in action.

Singleness of Purpose

What is it, where did it come from, and why did Bill & Dr. Bob choose this path?
How does it apply today?

We are AA

Sometimes we are the only face of AA that our families, friends, and co-workers see.
You are AA to them.

Yoga and Meditation - Mt. Cleveland Room

Start your morning with an hour of gentle yoga and meditation. An experienced yoga teacher will lead this workshop on both Saturday and Sunday mornings from 7:30am-8:45am. Please wear comfortable clothing and bring a yoga mat or beach towel.

Hike and a Meeting - Champney Falls

We are excited to announce a new adventure for the Convention! Bring your hiking boots, Big Book and head out on adventure into White Mountains. The group will leave from the Main Lobby of the hotel at 10:00am and plan to return around 1:30pm. This hike is about 45 minutes and a meeting will be held at the summit. Please plan accordingly with footwear, water and snacks as needed as these will not be provided for the hike.

A.A. Videos - Mt. Monroe Room

Welcome to the Video Room! The Area Archive committee has a wonderful collection of new and old videos. Stop by and stay as long as you like!

Hospitality Room

Located on the 4th Floor of the Hotel - Use the Elevators and follow the signs for some food, beverages and fellowship!!

Al-Anon Workshops - Mt. Pierce Room

Step 1: Powerlessness In Al-Anon

Even though step one is the same in both AA and Al-Anon, there is a difference in how we work it.

“Admitted we were powerless over alcohol – that our lives had become unmanageable.” “Even though I had taken the steps with great dedication in AA., I had to start from scratch when applying these same Steps to the effects of other people’s alcoholism on my life.” Pg 178 How Al-Anon Works

The Three A’s Awareness, Acceptance & Action

“In dealing with a change, a problem or a discovery, awareness is often followed by a period of acceptance before we can take action.” Pg 256 CTC

Take Detachment for a Spin

“Detachment allows us to let go of our obsession with another’s behavior and begin to lead a happier and more manageable lives, lives with dignity and rights, lives guided by a Power greater than ourselves. We can still love the person without liking the behavior.” Detachment. After discussing detachment we will spin the wheel and act out scenarios using methods of detachment.

Spirituality

“In the confusion of living with active drinkers, I lost track of my spirit. Life was a survival game, a daily grind of fear and hard work. No matter what I tried, nothing seemed to help. Perhaps that is because I was trying to do it all by myself. In Al-Anon I have come to know that I have a resource within me and all around me that can guide me through the most overwhelming fears and the most challenging decisions – a Higher Power.” Pg 327 CTC

Marathon Meetings - Mt. Pierce Room

There will be marathon meetings on Friday and Saturday throughout the Convention. We have listed on the days/nights and time below. No matter when you are at the Convention, there is always the Fellowship to be found!

Friday into Saturday

Starts at	Ends at
Fri 10:00pm	– 11:15pm
Fri 11:30pm	– 12:45am
Sat. 1:00am	– 2:15 am
Sat. 2:30am	– 3:45 am
Sat. 4:00am	– 5:15 am
Sat. 5:30am	– 6:45 am
Sat. 7:00am	– 8:15 am

Saturday into Sunday

Starts at	Ends at
Sat. 11:00am	– 12:15pm
Sat 2:00pm	– 3:15 pm
Sat. 6:00 pm	– 7:15 pm
Sat. 10:00pm	– 11:15 pm
Sat. 11:30 pm	– 12:45 am
Sun. 1:00am	– 2:15 am
Sun. 2:30am	– 3:45 am
Sun 4:00am	– 5:15 am
Sun. 5:30am	– 6:45 am
Sun. 7:00am	– 8:15 am

Friday

4:00pm – 4:30pm	Welcome and Orientation	Mt Pierce
4:30pm – 6:00pm	Red Ball Meeting	Mt Pierce
6:15pm – 7:45pm	Red Ball Meeting	Mt Pierce
6:15pm – 7:30pm	Buffet Dinner (Tickets Required)	Presidential Ballrooms
8:00pm – 9:15pm	A.A. Speaker Meeting	Presidential Ballrooms
9:30pm	Ice Cream Social	Presidential Ballrooms
9:30pm – 11:30pm	Talent Show - Join the FUN!!!	Presidential Ballrooms
10:00pm– 8:15am	Marathon Meeting starting at 10pm. Each meeting runs 1 hour 15 minutes with a 15-minute break between meetings. Last meeting starts at 7am. Sign up and get in on the action!!	Mt Pierce

Saturday

7:30am – 8:45am	Yoga & Meditation	Mt Cleveland
9:00am – 10:15am	A.A. Workshop: Young & New Timers	Mt Lincoln
9:00am – 10:15am	A.A. Workshop: Love & Tolerance	Mt Adams
9:00am – 10:15am	A.A. Workshop: Tradition #1	Mt Jefferson-Madison
9:00am – 10:15am	Al-Anon Workshop: Step 1 Powerlessness In Al-Anon	Mt. Pierce
10:00am – 1:30pm	Hike & A Meeting - Open to Everyone	Champney Falls
10:30am – 12:00pm	A.A. & Al-Anon Speakers	Presidential Ballrooms
1:30pm – 2:45pm	A.A. Long-Timers Meeting	Presidential Ballrooms
1:30pm – 2:45pm	Al-Anon: The Three A's Awareness, Acceptance & Action	Mt Pierce
3:00pm – 4:15pm	A.A. Workshop: Tradition #4	Mt Lincoln
3:00pm – 4:15pm	A.A. Workshop: Group Conscience	Mt Adams
3:00pm – 4:15pm	A.A. Workshop: Unity Does Not = Harmony or Perfection	Mt Jefferson-Madison
3:00pm – 4:15pm	Al-Anon: Take Detachment for a Spin	Mt Pierce
4:30pm – 5:45pm	A.A. Workshop: LGBTQ & Diversity in AA	Mt Lincoln
4:30pm – 5:45pm	A.A. Workshop: Unity & Service	Mt Adams
4:30pm – 5:45pm	A.A. Workshop: Singleness of Purpose	Mt Jefferson-Madison
4:30pm – 5:45pm	Al-Anon Workshop: Spirituality	Mt Pierce
6:00pm – 7:30pm	Red Ball Meeting	Mt Pierce
6:30pm – 7:45pm	Plated Dinner (Tickets Required)	Presidential Ballrooms
8:00pm – 8:15pm	Sobriety Countdown	Presidential Ballrooms
8:15pm – 9:45pm	A.A. Speaker	Presidential Ballrooms
9:45pm – 10:00pm	Raffle Drawing	Presidential Ballrooms
10:00pm - 12:00am	Dance - Come Let Loose!!!	Presidential Ballrooms
10:00pm– 8:15am	Marathon Meeting starting at 10pm. Each meeting runs 1 hour 15 minutes with a 15-minute break between meetings. Last meeting starts at 7am. Sign up and get in on the action!!	Mt Pierce

Sunday

7:30 am – 8:45am	Yoga & Meditation	Mt Cleveland
9:00am – 10:15am	A.A. Workshop: We are AA	Mt Adams
10:30am – 11:30am	A.A. Speaker	Presidential Ballrooms
11:30am - 11:45am	Closing	Presidential Ballrooms